

**8.5 inch Core**

No seam allowance added

Print template on card stock and cut on line. Do not leave seam allowance. This will be the actual size of your pad core.

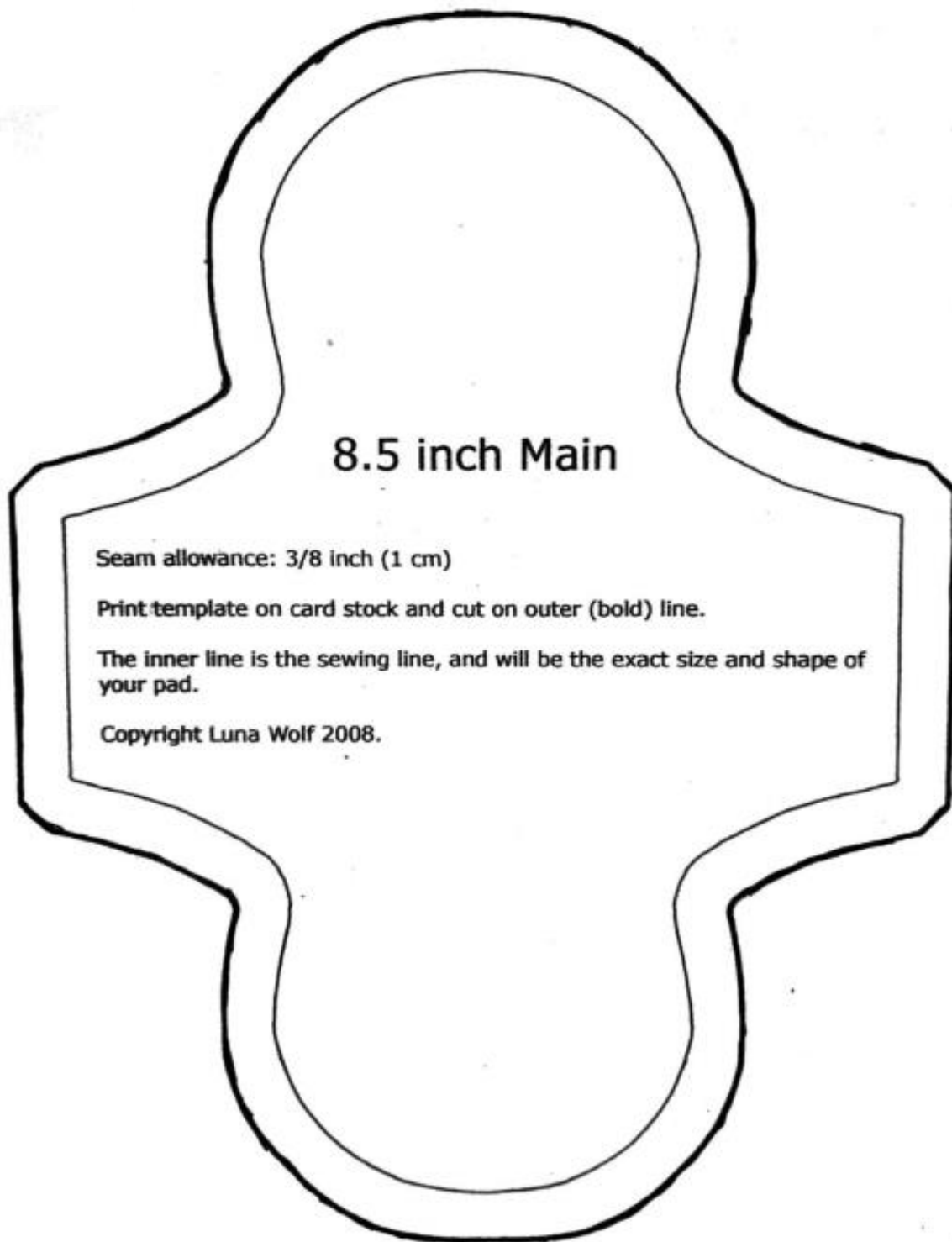
Copyright Luna Wolf 2008.

**Pantliner  
Core**

No seam allowance added

Print template on card stock and cut on line. Do not leave seam allowance. This will be the actual size of your pad core.

Copyright Luna Wolf 2008.



## 8.5 inch Main

Seam allowance: 3/8 inch (1 cm)

Print template on card stock and cut on outer (bold) line.

The inner line is the sewing line, and will be the exact size and shape of your pad.

Copyright Luna Wolf 2008.